



If you want to go fast, go alone.  
If you want to go far, go *Pamoza*.



**Welcome back!** Our 2023 missions team had an amazing time working in Malawi. Their projects included assessing the potential to expand our health clinic in Zowe, installing solar electricity at our Skills Training Center, training Pamoza staff on filming, and visiting our programs. They even got to taste fresh eggs and fish from our farm!

One recurring theme from the trip was a deep appreciation for the staff in Malawi who work every day to support the families Pamoza serves. One mission team member, Dana, observed, ***"Pamoza staff sacrifice much to work for Pamoza. Because they believe in the mission and vision of Pamoza, they are committed to doing their part in accomplishing the work."***

## Meet Daniel Ho



## Flour Frustrations at Zowe Grinding Mill

How do you get your flour?

In rural Malawi, there are two options: grind corn kernels with a large stick in a homemade mortar (this takes several hours each day) or take your corn to a grinding mill which converts your kernels into flour within minutes.

Most prefer the latter.

That was the primary reason we installed a grinding mill in Zowe. It saved women hours of labor by making it possible for them to grind their corn into flour quickly. We turned the mill into our first community business. People pay a small fee and the money goes back into maintaining the mill. The mill quickly became one of our most popular resources.

***"When the grinding mill was first installed, everyone from the surrounding communities came to use it. We were all so excited,"*** said Melina, a Zowe community member. ***"But now, the mill is old and is constantly breaking down. You go there today and it's broken. You go there next week, it's broken again. It's old."*** It's not unusual to find people sitting outside the mill for hours waiting for it to be repaired.

What was once a useful resource has become a community frustration. This year, Pamoza will be addressing the mill. We want to repair the building, buy new equipment, and upgrade it to solar energy instead of the expensive diesel currently used. We're writing a grant proposal to fund these long-overdue upgrades.

## Behind the Scenes

It takes many people to make Pamoza's work successful. Some of these people work behind the scenes and never seek any recognition. This quarter, we want to highlight one of our interns, **Daniel Ho** (pictured on the left). Daniel is a high school junior at Delaware County Christian School. He recently traveled to Malawi with us. Learn more about him at [pamoza.org/behind-the-scenes](https://pamoza.org/behind-the-scenes).

## Joseph Food Bank Update

Thank you to everyone who supported our Joseph Food Bank. We were able to raise more than \$20,000 for the initiative. **We have already purchased nearly 56,000 pounds of corn, which will be enough to assist 2,000 families** when they start running out of food in October/November. Please pray we can keep the corn secure until it is needed. Thank you for making this possible!



## Agriculture



We're doing exciting things at the **Pamoza Farming Institute**, our 74-acre farm used for training and modeling sustainable agriculture. We grow various crops, raise chickens, and have also ventured into fish farming. Pictured above are some of the **tilapia** we recently harvested!

We attended a national sustainable agriculture forum in Malawi and shared how we make our own fish food from local ingredients. We were excited that **Malawi's Vice President** visited our station and learned about our aquaculture program. It was a great opportunity to showcase one part of Pamoza's agricultural work, which also includes supporting community farms and training local farmers.

## Education



All children deserve to learn, but girls have some unique challenges to getting their education. Our Tailoring Skills Coordinator visits schools to **teach girls how to make their own menstrual pads** so they can improve their attendance. It's an awkward conversation in Malawi, but sometimes we manage to get the girls to open up and even smile through it.

### *Education continued....*

We continue to support school breakfast across five schools, **providing porridge to more than 2,000 students.**

We hosted a **Pamoza Genius Challenge** where **60 students** showcased their knowledge. The "Top 3" students won school bags and writing materials!

We also continued supporting students with scholarships, training community members on the value of education, and teaching adult literacy learners.

## Christian Outreach



Reaching people with the Gospel is the core of what we do. This quarter, we:

- **Ministered to patients** at our clinic by sharing the Word of God and praying with them.
- Taught **Bible lessons** to more than 6,000 students at our local schools.
- Had 68 people attend **fellowship meetings.**
- Continued supporting **volunteer-led village Bible study groups** and had 683 people participate.
- Facilitated family life skills trainings focused on **helping married couples work better together.** A total of 59 couples participated.
- Hosted regular **staff devotions**, which are open to the community.

As part of our integrated approach,, Pamoza invites community members participating in other programs to join or start a Bible study group or to integrate prayer and fellowship into every activity. This has helped us reach more people with the Gospel.

## Economic Empowerment



Our Village Savings and Loans Associations (VSLAs) are very active. We have more than **900 members** participating and last quarter they **collectively saved more than \$4,000** and loaned out more than \$3,000 to each other. That is a tremendous amount of money in rural Malawi.

This year, we will launch our **Agri-Depots** through which we will sell farming implements, improved seed, fertilizer, pesticides, and herbicides. We will also buy produce from farmers and sell the produce locally, nationally, and internationally. Profits will be reinvested into our programs.

## Health Care



Last quarter, we had 2,828 **patient visits** at our clinic. Malaria used to be the most common disease seen, now surpassed by respiratory infections.

**171 children** received immunizations and growth-monitoring through our partnership with a local mission hospital. We also facilitated monthly prenatal check-ups.

There remains a need for health and hygiene education. Pamoza continues to train families on disease prevention.



**Together transforming the lives of children and families in Malawi**

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